

Dear Coach Allocco,

Thank you so much for this wonderful experience! I thoroughly enjoyed every camp session, and I had a great time playing and learning quality basketball. Everything from your coaching to your lectures made the experience great. Before Excel, I wasn't particularly interested in basketball or even teamwork. However, due to the passion of the coaching staff and fellow kids, I really found myself loving basketball. Thanks to Excel, I now know how to properly shoot a basketball (using great technique) and play active, aggressive defense. Thanks to Excel, I know how to be a team player (literally). Not only that, Excel taught me how to build key habits and develop good character. Thanks to Excel, I now make my bed daily and have found a way to actually please my mom. For that, I am extremely grateful. I hope that through Coach Sullivan and your teachings, I can become someone who does thank you. Someone who works hard, plays hard and helps others. Anyways, thank you so very much, and I look forward to attending Excel in the (hopefully) near future!

Sincerely,
David dung

P.S. I hope you enjoy The Power of Habit and use it to nourish the Excel Program even more. Allz